

GRACEFUL CONVERSATIONS

BUILDING ARCS ACROSS DIVIDED PERSPECTIVES

A 5-part workshop series presented by:

Tammy Walhof
Lutheran Advocacy - Minnesota

Rev. Emily Meyer
The Ministry Lab

Tired of divisiveness? Eager for honest engagement? Ready to contribute to discourse more gracefully, rather than wringing your hands on the sidelines?

The Ministry Lab and Lutheran Advocacy – Minnesota have teamed up to share **Graceful Conversations: Building Arcs Across Divided Perspectives**. It started as a ‘Graceful Engagement’ workshop that Tammy Walhof initially created ten years ago (and has continued to improve) to help participants think about how we as Christians should ‘be’ in the world. With the help of Rev. Emily Meyer, an expert on contemplative practices, it has been transformed into a **5-part series of learning, reflection, and practice to help participants make Graceful Conversations part of their core being.**



Sessions

Session I: Primary Identification - Identifying Self, Brokenness, & Community

Session II: Self-Awareness - Perceiving Values, the Inner Polarizer, & the ‘Other’

Session III: Equipping the Self - Creating Your Grace-Filled Toolbox

Session IV: Change the Frame - Framing Graceful Conversations

Session V: Action Together - Practicing Graceful Conversations

What to Expect

Each session takes between an hour and an hour and a half to complete, including 15-20 minutes of video content and discussion questions, and a facilitator guide. Sessions are designed to be accessible to all who would like to lead or participate.



Faith+Elections
An initiative of the ELCA State Public Policy Offices



The Ministry Lab
767 N Eustis St, Ste. 140, St Paul, MN 55114
theministrylab.org
651-279-1677



Lutheran Advocacy – Minnesota, ELCA
105 University Ave. W,
St. Paul, MN 55103
lutheranadvocacymn.org
651-238-6506